

July

# FCDC TODAY

Filipino-American Community &  
Development Center of Ocean County Inc.  
2014 Bayaning Pilipino Awardee

## Member Spotlight - Gregory Robert Alcoid

Gregory is slowly opening himself to the world because at a young age, he was very shy and quiet. Now he is involved as one of the teen leaders of FCDC called "Barkada" and recently helped a lot of younger kids on his team during the 1st FCDC Filipino Summer Camp. He has been a part of the FACES program for 7 years now and has been very active with



and volunteer work. He has performed several cultural dances including Tinikling, Maglalatik, Ethnic dance and Arnis demonstrations in different events.

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Gregory is the first-born child of Dr. Jess Alcidi and FCDC President, Jasmine Alcidi. Gillian and Grace are his sisters. His favorite dog's name is Charlie. When he's not playing with Charlie, he loves to play video games with friends online.

This guy is very active in after-school activities. He has been part of the school's Cross Country, Track and Field, Band, Altar Service, and National Junior Honor Society. But his focus is his studies and his favorite subject is Mathematics. At the end of Grade 7, he was on the Principal's List, 1st place in two math contests, namely, NJ Math League and Catholic Math League, received a distinction in Science League, and a 100% on his Confirmation test.

He has been playing piano for several years, as well as saxophone for the school band. Recently, he has found interest in learning how to play the drums. This summer, he was part of the Dolphins Swim Team at the OCYMCA. He also enrolled in Basketball camps to learn this sport since most of his friends play.

When asked what he wanted to be in the future, he says he wants to be in finance or maybe develop software for video games. As a young kid who loves his games, he wants to make a living out of it. He also wants to help the community by continuing his volunteer work that he is currently doing right now.

As busy as he is, he still finds time to help around the house by washing dishes, feeding the dog, taking care of his fish, vacuuming, watering the plants, doing his laundry and folding his clothes. He's a big eater and when he's hungry, he can feed himself by cooking an egg or fixing a sandwich.





## ***LETTER FROM THE EDITOR***

***by Jamie Mariano***

*Congratulations* **CLASS OF 2022!**

Despite the challenges over the past three years, you accomplished a milestone that is the next step in your life.

May your diploma or college degree be a symbol of your resilience, and how you can push through no matter the circumstance to reach anything you want to accomplish.

Parents, continue to be an inspiration and motivation. Pray over your children, provide them with support and let them explore their options and dreams. Let them make mistakes, let them learn, and let them grow.

No matter what your next chapter is going to be, FCDC supports you and will keep cheering you on!



Dear God,

We thank you that your huge favor, blessing, and powerful light surrounds our children. We pray that your presence would continually shine on them, and that you would be gracious to them and give them great peace. We ask that you would help them to always know how very much they are loved, especially by you. Make them constantly aware that you are always with them; fill them with the faith to believe your words are true and that your Spirit guides them. We ask that they would find full confidence in the security of your love and care for them. We pray that you would give them health physically, emotionally, and spiritually, and would protect them from disease, illness, or any harm to their minds and spirits. We ask boldly for you to equip them for every purpose you have for their lives, and give them constant endurance to run the race well.



## PRESIDENT'S CORNER

*by Jasmine Alcid*



Our very 1st FCDC Filipino Summer Camp finally happened this month at the Winding River Park from July 11-14, 2022. More than 50 FACES members came and learned everything Filipino from the most enthusiastic volunteer facilitators in FCDC.

With the support of FREED Foundation, we were able to bring this cultural journey and traditional values to all those interested in learning our heritage. The camp not only taught everything Filipino but also improved one's physical, social and mental well-being. It was a fun educational summer!

So what did the kids learn at the camp? We can simply say that nothing was forgotten; dances such as Tinikling (Philippine's national dance), Maglalatik and ethnic dance, Filipino songs, language, arts and craft, fables, Arnis (Philippine's national sport), traditional games, cooking, and traditional items. We have brought the kids back to the Philippines even if most of them haven't stepped foot the country. The facilitators have carefully planned this event for several months. There were not enough days to do all of them.



**Tinikling**

It was a challenge to teach children that has a variety of ages, however, it was not difficult with the help of our teen leaders we call "Barkada". They were empowered to be leaders on their own right, making their introduction to volunteer work and service.

The camp team also introduced concepts that the children have not heard of; things such as Bayanihan, and the execution of Jose P. Rizal, the country's national hero.

Due to the surge in Covid, the last day was cancelled. Special thank you to all who participated and volunteered on this initiative. We hope you appreciate the learning from the camp, not just the informational and educational aspects but also the social and emotional aspects of being together as one contributing to the cultural diversity of our county.



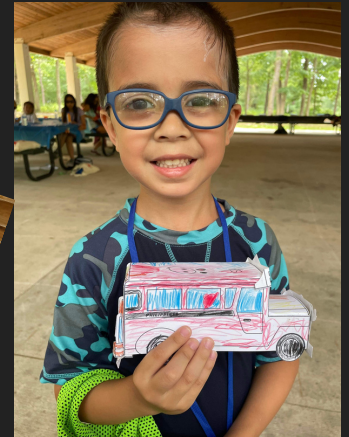
# Summer Camp Photos



Registration



tshirt printing



Jeepney



storytelling



cooking class



walis tambo



ethnic dance



Teen Barkada



Maglalatik





**Participants of the 1st FCDC Filipino Summer Camp**



**Arnis**



**Facilitators**



**language lessons**



**Filipino craft**



**Filipino songs**



**Patintero**

# *Congratulations*

to all those who participated in the  
1st FCDC Filipino Summer Camp

Here are the Team winners:  
(based on scores during the last day of camp)

**1st: Team Puti (White) 170 points**

**2nd: Team Bughaw (Blue) 160 points**

**2nd: Team Dilaw (Yellow) 160 points**

**3rd: Team Pula (Red) 150 points**

Each attendee will receive a special FCDC cap ,  
medal/ribbon and certificate.



Teen Barkada Volunteer hours will be given  
based on number of hours served.

Thank you very much to all our parent volunteers.  
We hope to see everyone again next summer!!!

## **CORE COMMITTEE:**

**Tita Jasmine \* Tita Maryann \* Tita Ester \* Tita Rica  
Tita Angela \* Tita Christine \* Tito Gidz \* Tito Jomar  
Tita Lorna**

## **PARENT VOLUNTEERS**

**Tita Angie \* Tita Malou \* Tito Mark & Tita Karla\* Tita Helen  
Tito Ogie \* Tita Dahl \* Grandma Andi \* Tita Mae  
Tita China \* Tito Wil**



# HAPPY GRADUATION TO OUR FACES GRADUATES



CLASS OF

2022

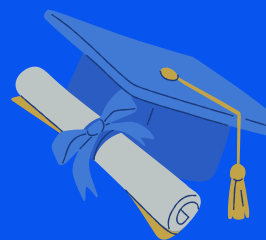
## Jason Batin

This year Jason has graduated from Intermediate East. Jason is the son of Jojo and Anna Batin. He enjoys playing the cello and is a competitive mountain bike racer! His achievements include the President's Education Award for Outstanding Academic Excellence, and is a member of the SJBODA Region 3 Orchestra. He also won 1st place in the 8th category for mountain biking!



## Emma Matus Delhaas

Emma recently graduated the 8th grade. She was the president of Student Council for her grade. She earned the 1st Honors, Highest Excellence in Language Arts and the President's Academic Achievement Award. Emma also earned the Donovan Veritas Scholarship, Alumni Scholarship and is a member of the Jr. National Honors Society and National Science League!





## Élysée Jacinto

**NAME:** Élysée Lucia , 13

**ACHIEVEMENTS/AWARDS:** 8th Grade:  
Presidential Award Recipient for Outstanding  
Academic Excellence, Merit award for  
participation in Math Team, Member of  
Orchestra (violin) , Math & Art Clubs

**Interests:** Violin, piano, guitar, Art Club  
reading, crochet

CONGRATULATIONS

## Zoë Jacinto

**NAME:** Zoë Grey, 11

**ACHIEVEMENTS/AWARDS:** 5th Grade :

OCSCA Caring Award, Outstanding School Safety  
Patrol, Ocean County Math League, Art Honors,  
Sunlight Leadership Club, Highest Growth in  
Advanced Math and Advanced Reading, TRPD  
Outstanding Leadership for Safety, Participation in  
Band (percussions), Outstanding participation in  
Ocean County Math League.

**Interests:** drawing, piano, biking, baking, reading,  
hiking, playing with make up



**To Élysée and Zoë:**

*We're so proud of you, but it's more important that you're proud of  
yourself. Celebrate your accomplishments today and everyday.*

**XXXOOO Tatay & Nanay**





## Anthony Joaquim (Jao) Pereira

Jao successfully completed 5th Grade and will be attending Toms River Intermediate North this September 2022. In February of this year, he received the role as the Sultan in the Walnut Street Elementary School Wildcat Players' Aladdin and His Wonderful Magical Lamp. Jao is also a member of the school band; he plays the percussions. He is in chorus, where he and his team had the opportunity to sing at the BlueClaws Stadium in June 2022. As part of his extracurricular activities, he plays the drums, takes art class and plays basketball for the Toms River Basketball Association (TRBA). Jao is a very busy-body who also loves his video games and screen-time.



# CONGRATULATIONS

## Axl Perono

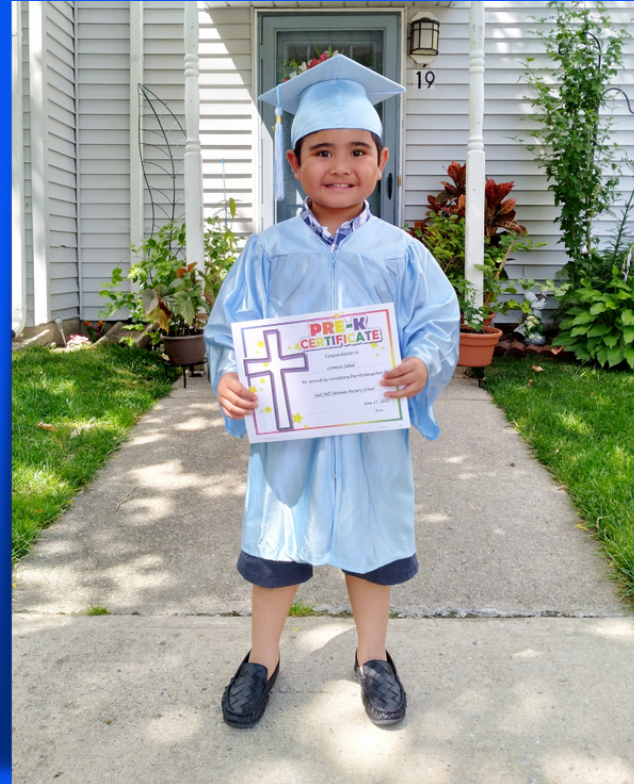
Axl has just graduated the 8th grade at Toms River Intermediate North where he earned consistent High Honor Roll for all three years attending. He placed 1st place in the 2022 Math League for his school and 2nd place overall in Ocean County. He also earned his Red Belt at Paul Pendergast Karate School! He is an active member of the Kean Orchestra and the Cadet Airman Civil Air Patrol Pinewood Composite Squadron. Axl will be attending Marine Academy of Technology & Environmental Science in the Fall.



## Lorenzo Salud

Lorenzo has just graduated Pre-K at Oak Hill Nursery School. His parents Augustus and Zinnia Salud are so proud of him! His proudest accomplishment was being awarded Student of the Week in his class! On top of school, Lorenzo loves playing Soccer, T-ball as well as hanging out with his friends. His dream is to become a Police Officer and Doctor.

*Congratulations Lorenzo. Your journey has officially begun and we know you will do great things some day. We all love you so much and will guide and support you every step of the way.*  
-Mom & Dad



## Elizabeth Noelle Tupaz

Elizabeth has just graduated 8th grade at Toms River Intermediate North! Her hobbies include Violin and Competitive Dance. She will be attending Toms River High School North this fall, where she will continue playing violin with the high school orchestra.



## Matthew Villanueva

Matthew has just graduated the 8th grade. In school, he has been awarded with the President's Education Award for Outstanding Academic Excellence, Excellence in both Science and Technology and awards in both Math and Science League! Matthew has also earned the Principal's Merit Scholarship as well as the Veritas Scholarship. He has participated in various extracurricular activities including the Student Council Executive Board, Jr. National Honors Society, Advanced Band and Performing Arts. Matthew will be attending Christian Brothers Academy in the Fall.

*Congratulations on all your achievements, Matthew!  
We are very proud of you! Stay humble and kind.  
Love, Dad and Mom*

## Alden Ross Wall

Alden has just graduated Beachwood Elementary School. Alden has been awarded with the STAR student, I-Ready Champion and the most Respectful Award in his class. He plays Basketball, Baseball and Swimming.

*We are so proud of you, Alden! You never cease to amaze us. So excited for your First Grade Adventure.  
Love, Mom & Dad*





# James Anthony Wall

James has just graduated Beachwood Elementary School. he has been awarded STAR. STUDENT, Sight Words Superstar and the Wonderful Writer Award

Extracurricular Activities: Baseball, Basketball, Swimming

Achievements: Beachwood STAR student, Sight Words Superstar, Wonderful Writer Award

You always amazed us, James! So proud to see you develop this past school year and looking forward to watch you continue to grow in First Grade.

**Love, Mom & Dad**





MY KIDS ENJOYED  
THE FCDC SUMMER  
CAMP SO MUCH! THEY  
LEARNED A LOT FROM  
OUR FILIPINO  
CULTURE, FROM THE  
FOLK DANCES,  
SONGS, FILIPINO  
GAMES AND SO MUCH  
MORE! THANK YOU  
VERY MUCH FOR  
EVERYTHING ♥  
MANDANAS FAMILY

— — — — —  
**WELCOME**

**JR Castillo & family**

**Glenda Gatchalian and family**

**Christina King and family**

**Helen Olairaz and family**

**Arlen Pereira and family**

**Mark Soria and family**

If you wish to be a member of FCDC or need to renew your membership. Kindly visit our website [www.fcdcnj.org](http://www.fcdcnj.org) and download the membership letter. Thank you.



## **ATTITUDE ADJUSTMENT**

**by Ferlie Almonte, Speaker. Author. Coach**

**Has your life been sluggish? Personal and professional growth seem nowhere in sight. Do you feel like your life's operating system is stuck on dial up, when everything around you is on optimum speed?**

**We've got our own life system built within us. Sometimes, they malfunction. Quick fixes don't seem to work. Because we put band aids in areas of our lives that are hemorrhaging. Sometimes, the more lasting solution is to reboot and start over!**

**Three simple clues to a better life are staring at you on your keyboard. Seriously? Yes! Signs are everywhere. We get messages from the strangest of places. Our computer is no exception. Think about it, when our computer slows down, or act up, and no quick troubleshooting technique works, aren't we told to reboot the computer? What do we do then? To REBOOT: we press the ALT CTRL DEL keys, all at the same time to restart.**

**Now, let's apply the subliminal messages of those keys to our lives.**

**ALT: Our mindsets and attitudes are powerful gears for change, ALTER them. Our perception of certain thoughts or new ideas CAN CHANGE our relationships, careers and state of being. When we resist, the problems persist. Opening our minds to a whole new way of thinking will also ignite fresh possibilities for us.**

**CTRL:** We get worked up over things we have no control of, like the weather, our genetics, or the opinions of others. The list goes on. When we choose to **CONTROL** what's within our power to change, and learn to accept those that we cannot, we invite peace into our space, so we can focus our energies on what we can change.

**DEL:** Oftentimes, if we want to upgrade the quality of our lives, we need to **DELETE** toxic environments and negative people from our circle. They are the virus that keep us from functioning optimally and happily. In our life evolution, we will outgrow people who don't get us and diss our dreams. Theirs are environments that will not be nurturing to our souls, and cause us stress. Surround yourself with people who lift you up and select environments that align with where you want to go in life.





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